

The Breast Cancer Care Book

Chapter Listing

Part I: The Trip You Didn't Sign Up For

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2. Testing, One, Two, Three
3. Travelmates: Your Medical and Personal Support Teams
4. Consulting the Great Physician

Part II: The Medical Journey

5. What are Your Surgical Options?
6. Choosing the Right Surgery for You
7. The Next Big Step: Post-Surgery Chemotherapy and Hormone Blocker Therapy
8. Moving Onward: Radiation Therapy
9. Alternative Healing Methods

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10. Emotions: Making Them Work for You
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12. Helping Children Face the Challenge
13. Restoring Fitness and Well-Being
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